



RED TIGER TAEKWON-DO

1912 WELSH ROAD, PHILA, PA, 19115

215-969-9962



CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15 am - 10:15 am	Adults (All ranks)	Adults (7530 Fkd)	Adults (All ranks)	Adults (7530 Fkd)		
10:00-11:00 am						Children & Adult
11:00 am - 12:00 pm	PRIVATE CLASSES AVAILABLE UPON REQUEST.					Jr. Black Belts
11:00 am-12:00 pm						Zumba
12:30 pm - 2:00 pm						Sr. Black Belts
4:00 pm – 4:45 pm	Adults (Sbn Monica)	Little Tigers (5 and Under)	Adults (Sbn Monica)	Little Tigers (5 and Under)		Saturday Birthday Parties Available!
5:00 pm – 5:45 pm	Little Tigers (5 and Under)	Little Tigers (5 and Under)	Little Tigers (5 and Under)	Little Tigers (5 and Under)		
5:00 pm – 6:00 pm	Children (Advanced)	Children (Beginners)	Children (Advanced)	Children (Beginners)	Children (Advanced)	
6:00 pm – 7:00 pm	Children (Beginners)	Children (Advanced)	Children (Beginners)	Children (Advanced)	Children (Beginners)	
6:00 pm – 7:00 pm	Zumba	NEW WHITE BELTS	Zumba	NEW WHITE BELTS	Cardio-Kick (Beginners)	
7:00 pm – 8:00 pm	Cardio-Kick (Beginners)	Zumba	Cardio-Kick (Beginners)	Zumba	↑	
7:00 pm – 8:00 pm		Adults (Advanced)		Adults (Advanced)		
7:30 pm – 8:45 pm	Adults (Beginners)		Adults (Beginners)		Adults (Beginners)	
8:30 pm – 9:30 pm		CARDIO-KICK (Advanced)		CARDIO-KICK (Advanced)		

