































## 2016 RED TIGER TKD SCHEDULE

| CLASS                                       | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|---|---|---|---|---|
| <b>TKD CLASS</b><br>(All ages/ranks)        | 9:15-10:15 am   |    | 9:15-10:15 am   |    |    | 11:00-12:00<br>noon   |
| <b>TKD CLASS</b><br>(All ages/ranks)        | 4:00-4:45 pm  |    | 4:00-4:45 pm  |    |    | 11:00-12:00<br>noon   |
| <b>LITTLE TIGERS</b><br>(5 & under)         |    | 5:00-5:45 pm  | 5:00-5:45 pm  | 5:00-5:45 pm  | 5:00-5:45 pm  |    |
| <b>CHILDREN</b><br>(White/Yellow)           | 6:00-7:00 pm  | 4:45-5:30 pm  | 6:00-7:00 pm  | 4:45-5:30 pm  | 6:00-7:00 pm  |    |
| <b>CHILDREN</b><br>(Green/Blue)             |    | 5:30-6:15 pm  |    | 5:30-6:15 pm  |    |    |
| <b>CHILDREN</b><br>(Blue/Black)             | 5:00-6:00 pm<br>(Blue-Black)  | 6:15-7:00 pm<br>(Red/Black)   | 5:00-6:00 pm<br>(Blue-Black)  | 6:15-7:00 pm<br>(Red/Black)   | 5:00-6:00 pm<br>(Blue-Black)  |    |
| <b>NEW STUDENTS</b>                         |    | 6:00-6:45 pm  |    | 6:00-6:45 pm  |    |    |
| <b>ADULT BEGINNER</b>                       | 7:30-8:30 pm  |    | 7:30-8:30 pm  |    | 7:30-8:30 pm  |    |
| <b>ADULT ADVANCED</b>                       |  | 7:30-8:45 pm  |  | 7:30-8:45 pm  |  |  |
| <b>CARDIO-KICK</b>                          | 7:00-8:00 pm  | 10:00-11:00am<br>&<br>7:00-8:00 pm  | 7:00-8:00 pm  | 10:00-11:00 am<br>&<br>7:00-8:00 pm   |  | 9:00-10:00 am<br>(Except 3rd Saturday<br>of the month)                                |
| <b>BLACK BELT CLASS</b><br>(2nd & 4th Sat.) |  |  |  |  | <a href="http://www.red-tiger.com">www.red-tiger.com</a>                              | <b>BLACK BELT CLASS:</b><br>12:00-1:30 pm   |

