




























2017 RED TIGER TKD SCHEDULE

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TKD CLASS (All ages/ranks)	10:00-11:00 am & 4:00 - 4:45 pm		10:00 -11:00 am & 4:00-4:45 pm			11:00-12:00 noon
LITTLE TIGERS (5 & under)		5:00-5:45 pm	5:00-5:45 pm	5:00-5:45 pm	5:00-5:45 pm	
CHILDREN (White/Yellow)	6:00-7:00 pm	4:45-5:30 pm	6:00-7:00 pm	4:45-5:30 pm	6:00-7:00 pm	
CHILDREN (Green/Blue)		5:30-6:15 pm		5:30-6:15 pm		
CHILDREN (Blue/Black)	5:00-6:00 pm (Blue-Black)	6:15-7:00 pm (Red-Black)	5:00-6:00 pm (Blue-Black)	6:15-7:00 pm (Red-Black)	5:00-6:00 pm (Blue-Black)	
NEW STUDENTS		6:00-6:45 pm		6:00-6:45 pm		
ADULT BEGINNER	7:30-8:30 pm		7:30-8:30 pm		7:30-8:30 pm	
ADULT ADVANCED		7:30-8:45 pm		7:30-8:45 pm		
CARDIO-KICK & H.I.I.T	7:00-8:00 pm	10:00-11:00am & 7:00-8:00 pm	7:00-8:00 pm	10:00-11:00 am & 7:00-8:00 pm		H.I.I.T.: 10:00 am
BLACK BELT CLASS (2nd & 4th Sat.)					www.red-tiger.com	BLACK BELT CLASS: 12:00–1:30 pm

