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RED TIGER TAEKWON-DO USTC

APRIL NEWS

APRIL 2015

SATURDAY A.M. CLASSES:

Saturday Taekwon-do classes will be held EVERY SATURDAY at 10:00 am. This will include Testing weekends. This class is open to all ranks and ages.

BLACK BELT CLASS

Black Belt class will held on April 11th and 25th.

- Senior Black Belt:
9:00 — 10: 00 am
- Regular Class:
10:00 am— 11:00 am
- Adults & Junior Black Belts:
11:00 am— 1:00 pm

G U P T E S T I N G

Color belt testing will be held on Saturday, April 18th from 8:00 — 10:00 am.

Make-up testing will be held on Monday, April 20th at 7:00 pm.

SPRING BLACK BELT TEST:

The USTC-RED TIGER TKD Black Belt Testing will be held on Sunday, April 19th from 9:00 am — 1:00 pm.

The Black Belt dinner will follow from 2:00 — 5:00 pm at Macaroni's Restaurant (directly behind Red Tiger).

Please submit BB testing fee, dinner application and testing booklet by April 11th.

RED TIGER CUP SET-UP

On Friday, May 1st, we will be preparing the gym for the tournament. Volunteers are welcome to help with the set up between 6:00-9:00 pm.

RED TIGER CUP 2015

Saturday, April 18th, 2014

Early Registration:

April 18th: \$60.00

Late Registration:

April 19th-25th: \$70.00

*** Please note that the family discount is only applicable during the Early Registration period.

NO DO-BOK FRIDAY AND PARENT'S CLASS

On Friday, April 24th, Red Tiger will host its monthly PARENT'S NIGHT and NO DO-BOK Day! Parents, Cardio-kick and Zumba members can take a COMPLIMENTARY TKD class from 7:30 — 8 : 3 0 p m . Remember, NO UNIFORMS for all classes!

STUDENTS OF THE MONTH:

CHILDREN:

Abby, Matthew and Andrew Prasanth

ADULT:

Preetika Gupta

BLACK BELT:

Adeleni Garcia

UPCOMING EVENTS

RED TIGER CUP 2015

Saturday, May 2nd
Asplundh Field House,
Bryn Athyn, Pa

Early Registration Deadline:

April 18th — \$60.00

Late Registration Deadline:

April 19-25th — \$70.00

GLOBAL TKD TOURNEY

Saturday, June 6, 2015
Smyrna, Delaware

SELF DEFENSE SEMINAR

Saturday, June 19-20th
Weapon Self Defense: 7:30-9:30 pm
Kids Self defense: 10-11:30 am
Women Self defense: 12:00— 2 pm

COLOR BELT TESTING:

May 16th
June 20th
July 18th
August 15th

FALL BLACK BELT TESTING

BB Candidate Test: Sept. 19th
Black Belt Test: November 8th

DATES TO REMEMBER!

REGULAR CLASS	April 4th
BLACK BELT & REGULAR CLASS	April 11th
GUP TESTING & RTC Deadline	April 18th
SPRING BLACK BELT TESTING	April 19th
MAKE-UP TESTING	April 20th
NO DOBOK & PARENT'S NIGHT	April 24th
BLACK BELT & REGULAR CLASS	April 25th

QUOTE OF THE MONTH:

"Mistakes are always forgivable, if one has the courage to admit them."

-Bruce Lee

